Theme/learning outcomes	Links to Programmes of Study	'I Can' assessment statements	Suggested Resources
Unit 1	PSHE & Citizenship Framework	I understand simple, safe routines to prevent the	TACADE I am, I know, I can section 3 lesson 45; Living and
Puberty and reproduction	1d, to recognise as they approach puberty, how people's	spread of bacteria and viruses	Growing unit 3 resource book
Learning Outcomes	emotions change at that time and how to deal with their	I know the ways in which boys and girls grow and	
Describe how and why the body changes during puberty in preparation for reproduction.	feelings towards themselves, their families and others in a positive way.	develop in puberty I recognise, as I approach puberty, how people's	
Talk about puberty and reproduction with confidence.	3c, learn about how the body changes as children approach puberty.	emotions change at that time and how to deal with my feelings towards myself, my family and others in a	
Explain how babies are made.	2e, That their actions affect	positive way I can name and explain	
Know some basic facts about pregnancy and conception	themselves and others, to care about other people's feelings and to try to see things from	male and female body parts, relating to Sex and Relationship Education	
To understand that there are ways of preventing pregnancy	their points of view.		
and the spread of diseases.	3b that bacteria and viruses can affect health and that following simple, safe routines can reduce their spread.		
	National Curriculum Science 1a, that the life processes common to humans and other		

	animals include nutrition, movement, growth and reproduction. 2f, about the main stages of the human life cycle.		
Unit 2	PSHE & Citizenship	I can identify positive ways	Living and Growing unit 2
	Framework	to face new challenges	building for baby, activity sheet
Being a parent	2e,	I can identify different types	17 love is, activity sheet 19
Learning Outcomes	4a That their actions affect themselves and others, to care	of relationships and show ways to maintain good	who does what?; Living and Growing unit 3 love and
Learning Outcomes	about other people's feelings	relationships	marriage, diamond
Discuss different types of adult	and to try to see things from	I understand that	relationships, soaps
relationships with confidence	their points of view	relationships may change	relationips, edaps
'	4c be aware of different types of	over time	
Describe the decisions that have	relationships including		
to be made before having a baby	marriage.		
	4g where individuals, families		
Identify some of the skills and	and groups get help and		
qualities needed to be a parent	support		
and carer	1c to face new challenges positively by collecting		
Understand the variety of ways	information, looking for help,		
in which parents and carers meet	making responsible choices and		
the needs of babies and children	taking action		
Recognise that both men and women can take on these roles	National Curriculum Science 2f		

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and responsibilities.		