Theme/learning outcomes	Links to Programmes of Study	'I Can' assessment statements	Suggested Resources
Unit 1 Differences – male and female Learning Outcomes To understand, describe and respect the differences and similarities between boys and girls (physical, social and	PSHE & Citizenship Framework 1b Share their opinions on things that matter to them and explain views. 4c To identify and respect the differences and similarities between people.	I can name the main characteristics of boys and girls I know the vocabulary of parts of the body in relation to Sex and Relationships Education I use appropriate language for body parts	TACADE I am, I know, I can Developing a healthy, safer lifestyle Lesson 18 growing older and lesson 19 what are these bits called? Health for Life Ages 4 – 7 Healthy Lifestyles Key theme 1
emotional). To name the male and female body parts To understand how the differences are part of the life cycle – and that making a new life needs a male and a female (animals and humans).	3e The names of the main parts of the body. Science 2c2/1b That animals, including humans move, feed, grow, use their sense and reproduce.	I understanding the importance of valuing of one's own body and recognising it's uniqueness I know that individuals have rights over their own bodies, and that there are differences between good and bad touching	page 21 Living and Growing Unit 1
Unit 2 Looking after the body	PSHE & Citizenship Framework	I know how diseases are spread and how they can be controlled	TACACE I am, I know, I can Developing a healthy, safer lifestyle lesson 16 keeping
Learning Outcomes To understand why it is important to keep clean and look after	3a how to make simple choice that improve their health and well-being	I can make simple choices to improve my health and well-being	clean, lesson 17 coughs and sneezes
different parts of the body.	3b to maintain personal hygiene 3e names of the main parts of	I know how to look after my body	Health for Life 4 – 7 Healthy lifestyles key theme 1 page

To understand how some	the body	I know the importance of	103
diseases are spread and can be		personal hygiene- regular	
controlled		washing, bathing,	
		showering, dental care	
Unit 3	PSHE & Citizenship	I can identify and respect	SEAL Changes Years 1 and 2,
Valuing myself and others	Framework	differences and similarities	Getting on and falling out,
		between people	Good to be me
Learning Outcomes	2e to realise that people and	I can say what I am good at	
To show care towards one	other living things have needs,	I can recognise, name and	Ourselves Being Me
another and understand that	and that they have	deal with their feelings in a	TAGAGE 1
people and other living things	responsibilities to meet them.	positive way	TACACE I am, I know, I can
have different needs – and that	3d know about the processes of	I begin to recognise the	Section 4 Developing good
these change.	growing from young to old and	range of human emotions	relationships and respecting
	how peoples needs change. 4d know that families and	and some ways to deal with	difference lesson 4 one more
To know what to take	friends should care for each	these	step along the way, lesson 10
responsibility for and when to	other.	I can say how I can learn	give a little, lesson 18 growing older, lesson 25 these are
ask for help.	1d to think about themselves,	from my experiences I can listen to others and	special people to me, lesson
	learning form their experiences	respect their viewpoints	26 no more bullying please
	and recognise what they are	I know that there are	
	good at.	different types of bullying	Health for Life ages 4 – 7 Key
	good di.	and teasing	theme 3 Feeling and
		I know that bullying is	Relationships
		wrong and know how to	, , , , , , , , , , , , , , , , , , ,
		deal with bullying	
		behaviours	
		I know that people and	
		other living things have	
		needs and recognise	
		my own responsibility to	

meet those needs I understand the importance of valuing one's own body and recognising it's uniqueness I know that individuals have rights over their own bodies, and that there are differences between good and bad touching I know that people can do different things according to age and development and that people grow from
different things according to age and development and