

Primary Sex and Relationship Education Scheme of Work
Early Years Foundation Stage

Theme/learning outcomes	Links to Programmes of Study	Suggested Resources
<p>Unit 1 All About Me</p> <p>Learning Outcomes:</p> <p>To begin to have identified some of their feelings and recognised some of the ways they express them.</p> <p>To consider routines and patterns of a typical day and understand some of the ways they can look after themselves.</p> <p>To identify likes/dislikes/strengths and areas for development.</p>	<p>PSED – Early Learning Goals:</p> <ul style="list-style-type: none"> to develop a positive sense of themselves and of others to know themselves and what they can do <p>Be confident to try new activities, initiate ideas and speak in a familiar group (DA7) Express needs and feelings in appropriate ways (ED3) Respond to significant experiences, showing a range of feelings when appropriate (ED4) Display a strong, positive sense of self identity and is able to express a range of emotions fluently and appropriately (ED9)</p>	<p>Primary SEAL Good to be Me and Changes (Foundation Stage) TACADE I am, I know, I can – section 1 Developing confidence and responsibility lessons 1 – 5.</p>
<p>Unit 2 My Relationships</p> <p>Learning Outcomes:</p> <p>To have identified family members and friends and the roles that they play.</p> <p>To know who they can talk to at home and at school.</p> <p>To recognise how our feelings can influence our friendships.</p>	<p>PSED – Early Learning Goals:</p> <ul style="list-style-type: none"> to develop respect for others to develop social skills to support emotional well-being <p>Play alongside others (SD1) Build relationships through gesture and talk (SD2) Form good relationships with adults and peers (SD5) Understands that there need to be agreed values and codes of behaviour for groups</p>	<p>Primary SEAL Getting On, Falling Out Health for Life (4-7) Key theme 3 Me and My Relationships pages 82 – 96 TACADE I am, I know, I can section 4 Developing good relationships and respecting differences lesson 22 – 26 Ourselves Topic 1B Being me, being you 2A Me and my networks, 3A Knowing my friends</p>

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<p>To realise that their behaviour (words and actions) can affect other people</p>	<p>of people, including adults and children, to work together harmoniously (SD6) Understand that people have different needs, views and cultures and beliefs that need to be treated with respect (SD7) Understand that s/he can expect others to treat their needs, views, cultures and beliefs with respect (SD8) Take into account the ideas of others (SD9) Work as part of a group or class, taking turns and sharing fairly (SD4) Take turns and share with adult support (SD3) Separates from main carer (ED1) Communicates freely about home and community (ED2) Have a developing awareness of own needs, views and feelings and be sensitive to the needs, views and feelings of others (ED5) Has a developing respect for own culture and beliefs and those of others (ED6) Consider the consequences of words and actions for self and others (ED7) Understands what is right, what is wrong and why (ED8)</p>	
<p>Unit 3 My Body</p>	<p>PSED – Early Learning Goals:</p> <ul style="list-style-type: none"> • to develop a positive sense of 	<p>Health for Life Ages 4 – 7 Key Theme 1 Growing and Changing TACADE I am, I know, I can section 3</p>

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<p>Learning Outcomes:</p> <p>To explain why it is important to keep clean.</p> <p>To understand some basic hygiene routines.</p> <p>Understand some areas in which they can look after themselves e.g. dressing and undressing.</p> <p>To appreciate and value their body, its capabilities and uniqueness.</p> <p>To begin to recognise the proper names for the external parts of the body.</p>	<p>themselves and of others</p> <ul style="list-style-type: none">• to know themselves and what they can do <p>Dress, undress and manage own personal hygiene with adult support (DA2)</p> <p>Dress and undress independently and manage own personal hygiene (DA4)</p> <p>Name the main parts of the body</p>	<p>Developing a healthy, safer lifestyle lessons 16 - 19</p> <p>Living and Growing unit 1</p> <p>Ourselves Topic 2B Me and my body</p>
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